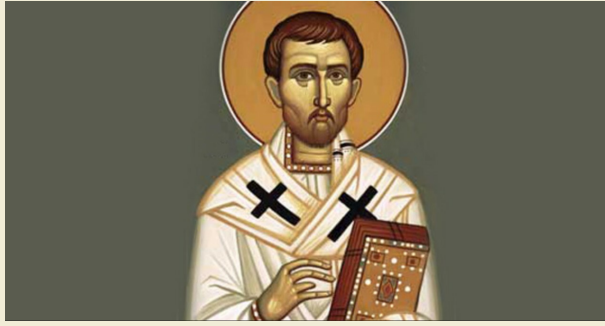


ST. TIMOTHY ORTHODOX CHRISTIAN CHURCH

Sunday
March 20,
2022



Tone 6
Eothinon 6

Second Sunday of Great Lent

Commemoration of Gregory Palamas, Archbishop of Thessalonica

The Holy Fathers Slain at the Monastery of Mar Sabbas * New-Martyr Myron of Crete

Resurrectional Apolytikion in Tone Six

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

Apolytikion for St. Gregory Palamas in Tone Eight

O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

Apolytikion of St. Timothy in Tone Four

O holy apostle Timothy, master of unction measured in all thy deeds, clothed with an upright conscience as befits a priest, thou has drawn ineffable truths from Paul the vessel of election; thou has kept the faith and completed a course equal to his, intercede with Christ God to save our souls.

Kontakion for Sundays in Great Lent in Tone Eight

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

The Epistle

Thou, O Lord, shalt keep us and shalt preserve us. Save me, O Lord, for the godly man is no more!

The Reading from the First Epistle of St. Paul to the Hebrews. (1:10-2:3)

Thou, "O Lord, in the beginning didst lay the foundation of the earth, and the heavens are the works of Thy hands; they will perish; but Thou remainest; and they will all grow old like a garment, and like a mantle Thou wilt roll them up, and they shall be changed; but Thou art the same, and Thy years will not fail." But to which of the angels did He say at any time, "Sit on My right hand, until I make thine enemies a footstool for thy feet?" Are they not all spirits for liturgical ministry, sent forth to minister for the sake of those who are to inherit salvation? Therefore, we ought to give the more earnest heed to the things that were heard, lest at any time we drift away from them. For if the word spoken through angels was confirmed, and every transgression and disobedience received a just retribution, how shall we escape, if we neglect so great a salvation, which having at first been spoken through the Lord, was confirmed to us by those who heard?

The Reading from the Holy Gospel according to St. Mark. (2:1-12)

At that time, when Jesus returned to Capernaum after some days, it was reported that He was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and He was preaching the Word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven." Now, some of the scribes were sitting there, reasoning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, "Why do you reason thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'? But that you may know that the Son of Man has authority on earth to forgive sins" - He said to the paralytic - "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all. So that they were all amazed and glorified God, saying, "We never saw anything like this!"

ST. TIMOTHY ORTHODOX CHRISTIAN CHURCH

THIS WEEKS CALENDAR

- Sunday - Parish Potluck! Celebrate visit of Mike & Victoria Haskins and Mike and Renae Holland
- Monday - Parish Open, 9am to 1pm
- Tuesday - Parish Open, 9am to 1pm; Sisterhood Coffee Hour, 11:00am
- Wednesday - Presanctified Divine Liturgy, 6:00pm
- Thursday - Parish Open, 9am to 1pm
- Friday - Annunciation Feast Day, 6:00pm
- Saturday - Youth Family Walk/Bike Golden Gate and Treasure Hunt; Attending Service at St. John's Cathedral in San Francisco, 5:00pm
- Sunday - Sunday of the Holy Cross

CURRENT & UPCOMING EVENTS

- Bookstore will be open 1/2 hour after the start of the Agape meal until 12:45pm. .
- Yalla! A St. Timothy Youth Ministry has their next event on **Saturday March 26th**. We will be riding (and walking) across the Golden Gate Bridge, doing a treasure hunt through Golden Gate Park and end our adventure at St. Johns Cathedral. for service RSVP to January @ 214.392.7009 (or admin@sttimothy.us).
- The parish will be open **Monday, Tuesday and Thursday's** from **9am to 1pm** . If you wish to host an event during the week (bible study, book club, coffee hour, etc) or want to come by for a cup of coffee please reach out to Parish Secretary January Al-Zouhbi @ 214.392.7009.
- **Week of March 20th** Sun abstain meat, fish, dairy & eggs; Mon-Thu strict fast; Fri abstain meat, dairy & eggs; Sat abstain meat, fish, dairy & eggs.
- House Blessings are back! For those ready to receive visitors into their home Fr John is available Tuesdays and Thursdays starting at 6:00pm and Wednesdays after Great Vespers around 7:00pm. More information can be found in the refectory and on the Parish Life bulletin board. Contact January Al-Zouhbi @ 214.392.7009 (admin@sttimothy.us) to schedule.
- Mercy Mission Food Drive for Solano/Contra Costa Food Drive **now through the end of Pascha**. Any donations of non-perishable food items are appreciated, bins are located in the refectory. No glass, expired or perishable items please.

Prayer List

For Health and Physical Healing....Jerry Moore, neighbor of Fr John, cirrhosis of the liver with monthly drains; Linda McKee, pain; Victoria Haskins, friend and parish co-founder, ongoing heart issues; Russell Bruno, recovering hernia surgery; Hugh Christianson, son of Fr John/Kh Barbara, black widow bite and leg still has infected spots; Lindsay Gower, baclofen pump implantation to deliver muscle relaxant to spinal cord; Lena Steed;

For Strength and Comfort....Mary Tollefson & Family ; Sarah Schwark & Family; Shawn Ignacio; Regina and her son Wesley, acquaintance of Renae Holland, husband reposed unexpectedly and selling personal items to survive; Family of Anna Mantalvanos, Ourania (Gary) and Antonis; Khoury and Sousou Families

For Mental and Emotional Health....Crawford Family (Arthur, Angeliq, Currie, Monique, Illiana); Cindy, sister of Kh Barbara

For Ukraine and the end of this devastating war, especially for Fr John/Kh Barbara's bookkeeper Larysa and her family in Eastern Ukraine...Valerie, Olga, Alexie, Artemis, Nadia, Illya, Nikita, Elena, Danila, Tatiana, Yulia, Sergei, Andrei, Lilly, Zema, Irina, Volodimir, Alexander, Marina and Natasha. Pray especially for the shipments containing needed medicines and supplies to be let through by the Russian forces so Layrissa's mother can receive her diabetes medication she ran out of.

Please submit specific prayer requests to admin@sttimothy.us and include the following; First Name, Last Name, and the Specific Prayer request. Out of respect to our parishoners, family members and friends please ensure you have received authorization from the person or their immediate family.

Welcome Guests

Guests are always welcome to worship with us! We look forward to meeting you and answering any questions you may have about Holy Orthodoxy or our parish. If you are an Orthodox Christian, and are prepared through prayer, fasting, and recent confession, you are welcome to receive Holy Communion.

His Eminence, **Metropolitan JOSEPH, Archbishop of New York & Metropolitan of all North America**

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Please contact Father John with any pastoral needs or questions.