ST. TIMOTHY ORTHODOX CHRISTIAN CHURCH

Sunday March 6, 2022



Tone 4
Eothinon 4

Sunday of Forgiveness (Cheese Fare)

The 42 Martyrs of Amoria in Phrygia * Discovery of the Precious Cross and Nails by St. Helena Venerable Fridolin, Enlightener of the Upper Rhine

Resurrectional Apolytikion in Tone Four

Having learned the joyful message of the Resurrection from the angel the women disciples of the Lord cast from them their parental condemnation. And proudly broke the news to the Disciples, saying: Death hath been spoiled; Christ God is risen, granting the world Great Mercy.

Apolytikion of St. Timothy in Tone Four

O holy apostle Timothy, master of unction measured in all thy deeds, clothed with an upright conscience as befits a priest, thou has drawn ineffable truths from Paul the vessel of election; thou has kept the faith and completed a course equal to his, intercede with Christ God to save our souls.

Kontakion of the Last Judgment in Tone Six

O Thou Who guidest to wisdom, and givest understanding and intelligence, the Instructor of the ignorant, and Helper of the poor, strengthen my heart and grant it understanding, O Master. Give me word, O Word of the Father; for behold, I shall not refrain my lips from crying to Thee, O merciful One, have mercy upon me who am fallen.

The Epistle

O chant unto our God, chant ye. Clap your hands, all ye nations!

The Reading from the First Epistle of St. Paul to the Romans. (13:11-14:4)

Brethren, now is our salvation nearer than when we believed. The night is far spent, the day is at hand. Let us therefore cast off the works of darkness, and let us put on the armor of light. Let us walk becomingly, as in the day, not in reveling and drunkenness, not in chambering and licentiousness, not in strife and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh to fulfill its lusts. But as for the one who is weak in faith, receive him, but not for disputes over opinions. For one believes he may eat anything; but the weak person eats herbs. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to be the judge over the servant of a stranger? To his own master he either stands or falls; but he will be made to stand; for God is able to make him stand.

The Reading from the Holy Gospel according to St. Matthew. (6:14-21)

The Lord said to His Disciples: If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father Who is in secret; and your Father Who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also.

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THIS WEEKS CALENDAR

- Monday Parish Open, 9am to 1pm; Cannon St. Andrew, 6:00pm
- Tuesday Parish Open, 9am to 1pm; Sisterhood Coffee Hour, 11:00am & Cannon St. Andrew, 6:00pm
- Wednesday Presanctified Divine Liturgy, 6:00pm; Brotherhood Coffee Hour 7:00pm; RSVP deadline Elevation of the Holy Cross in Sacramento
- Thursday Parish Open, 9am to 1pm, Cannon St. Andrew, 6:00pm
- Friday Little Compline with Akathist, 6:00pm
- Saturday Great Vespers, 6:00pm
- Sunday First Sunday of Great Lent (Sunday of Othodoxy); Sisterhood Meeting, 11:15am; Service at Elevation of the Holy Cross (Sacramento), 6:00pm

CURRENT & UPCOMING EVENTS

- Bookstore will be open 1/2 hour after the start of the Agape meal until 12:45pm.
- Looking for fellowship or just feel like being social? Join us at St. Timothy's every week, no RSVP needed.
 - Sisterhood Coffee Hour, every Tuesday @ 11:00am.
 - Brotherhood Coffee Hour, every Wednesday @ 7:00pm.
- Parish Potluck Agape Meal, Sunday March 20th! Celebrate the visit of Mike & Victoria Haskins and Mike & Renae Holland.
- Yalla! A St. Timothy Youth Ministry has their next event on **Saturday March 26th**. We will be riding across the Golden Gate Bridge, making a few stops along the way and end our adventure at St. Johns Cathedral. RSVP to January @ 214.392.7009 (or admin@sttimothy.us).
- The parish will be open **Monday**, **Tuesday** and **Thursday's** from **9am to 1pm**. If you wish to host an event during the week (bible study, book club, coffee hour, etc) or want to come by for a cup of coffee please reach out to Parish Secretary January Al-Zouhbi @ 214.392.7009.
- Week of March 6th Mon-Tue-Thu-Fri strict fast, Wed abstain meat, fish and dairy.
- House Blessings are back! For those ready to receive visitors into their home Fr John is available Tuesdays and Thursdays starting at 6:00pm and Wednesdays
 after Great Vespers around 7:00pm. More information can be found in the refectory and on the Parish Life bulletin board. Contact January Al-Zouhbi @
 214.392.7009 (admin@sttimothy.us) to schedule.

Prayer List

For Health and Physical Healing....Jerry Moore, neighbor of Fr John, cirrhosis of the liver with monthly drains; Shawn Ignacio's mother still in hospital, hoping to be discharged to care facility; Linda McKee, pain; Victoria Haskins, friend and parish co-founder, ongoing heart issues; Russell Bruno, upcoming hernia surgery; Hugh Christianson, son of Fr John/Kh Barbara, black widow bite to the leg and being treated at the hospital in Watsonville; Lindsay Gower, baclofen pump implantation to deliver muscle relaxtant to spinal cord

For Strength and Comfort....Mary Tollefson & Family; Sarah Schwark & Family; Shawn Ignacio; Regina and her son Wesley, acquaintance of Renae Holland, husband reposed unexpectedly and selling personal items to survive; Family of Anna Mantalvanos

For Mental and Emotional Health....Crawford Family (Arthur, Angelique, Currie, Monique, Illiana); Cindy, sister of Kh Barbara

For Ukraine and the end of this devastating war, especially for Fr John/Kh Barbara's bookkeeper Larysa and her family in Eastern Ukraine...Valerie, Olga, Alexie, Artemis, Nadia, Illya, Nikita, Elena, Danila, Tatiana, Yulia, Sergei, Andrei, Lilly, Zema, Irina, Volodimir, Alexander, Marina and Natasha.

Please submit specific prayer requests to admin@sttimothy.us and include the following; First Name, Last Name, and the Specific Prayer request. Out of respect to our parishoners, family members and friends please ensure you have received authorization from the person or their immediate family.

Welcome Guests

Guests are always welcome to worship with us! We look forward to meeting you and answering any questions you may have about Holy Orthodoxy or our parish. If you are an Orthodox Christian, and are prepared through prayer, fasting, and recent confession, you are welcome to receive Holy Communion.

His Eminence, Metropolitan JOSEPH, Archbishop of New York & Metropolitan of all North America

Father John Christianson, Pastor 831-566-8861 (c) 707-863-7725 (h) frjohnchristianson@gmail.com Father Spyridon Jajeh 650-619-1318 (c) fdsorthodox@gmail.com Samer Awaad, Parish Council President samerawwad@comcast.net 707-365-2701 Alex Callahan, Bookstore 970-270-0301 bookstore@sttimothy.us January Al-Zouhbi, Parish Secretary & Communications 214-392-7009 admin@sttimothy.us

Please contact Father John with any pastoral needs or questions.